



# SPECIAL REPORT

## Rising Star Team “Grab ‘n Go Samplers!”

*Say! I like these handy Sampler Packs! I do. I like them for a fact!*

### “Go-Cards” Ready:

NingXia Red 2oz Samples

NingXia Nitro Samples

MindWise Samples

Essentialzymes-4

Alkaline Singles

Master Formula

MightyPro Pre/Probiotics

Slique Tea Bags

Thieves Samplers:  
Household Cleaner  
Hard Lozenges  
Toothpaste

Essential Oil Foils:  
Peppermint  
Lavender  
Lemon  
Purification  
Thieves

Lip Balms

Premium Starter Kits:  
Essential Oils  
Thieves Product Line  
NingXia Red  
Savvy Minerals Makeup



We are excited to offer a way to pick and pack some favorite items as well as **SHARE Young Living samples** with more people, new prospects, for members who want to ‘sample’ a product they haven’t tried yet or anyone about to go “inactive.”

**This might be** one of the great “shifts in your thinking” when you want to share Young Living. Now you can let people **experience** products, by sampling any one of the things we have gathered that can be offered as a single trial pack.

**Check out all the items** we can send people, hand people on the spot, and use for ourselves for business or personal travel, classes, events, and expos, giveaways, raffles and incentives. Limitless possibilities, right?

**We’re all trying to be more conscious** about our health, our environment and our footprint. Think about how and what you pack when you’re heading out for an event, a class, a presentation or.... your vacation! Do you need a full size bottle of any Young Living item? Did you prepare some DIY items like roll-ons and spritzers? Do you know how many items are now available in small or single serving packets?

**Think about all the people** that bring up an issue that concerns them: environmental toxins, outdoor challenges, lack of energy, brain fog, digestive challenges, dental concerns, or stress. Could you hand them a sample of an essential oil or nutritional supplements that might help someone start a wellness lifestyle or help them advance their goals as a business builder?

**If you find it hard** to reach out to new people or inactive members, because you can’t find the “**magic words**” to call them up and share some healthy choices, **SAMPLING** might be the magic you were looking for! We set up a few words on an information postcard, you just mail them out!

**Join our Facebook Group/**  
Rising Stars Team or go to our website for marketing materials and ideas to help you send samples out today!  
**Facebook.com/groups/yleorisingstars**  
**essentials4healthyliving.com**

**Send out samples with your contact information!**



*The use of Dr. Seuss characters in a private publication, whereas no one is profiting or infringing on copyrights has been screened. We are having some Inner Child fun! Enjoy the colorful issue!*



## SUPER JUICE

**NingXia Red**  
2 oz Singles - 30 ct  
Price: \$87.00  
PV: 87.00  
Item # 3525

**NingXia Red singles** gives you the recommended daily shot of 2–4 oz. to support your overall wellness.\* NingXia Red juice includes wolfberry puree, blueberry, aro-nia, cherry, pomegranate and plum juices. Infused with therapeutic-grade Lemon, Yuzu, Tangerine, and Orange essential oils, plus a hint of pure vanilla extract.

Substitute sugary drinks with NingXia Red singles. Pack for events like games, concerts, parades, parties, movies, sports, and seasonal outdoor activities. Keep a few in your purse, backpack, or glove compartment, and gym locker. Hand out for quick, easy sharing that will get new contacts asking more about Young Living! Available in boxes: 30/60/90 packs.



## ENERGY BOOST

**NingXia Nitro**  
14 Tubes  
Price: \$39.75  
PV: 39.75  
Item # 3064

**NingXia Nitro™** gives you a quick pick-me-up without the sugar or caffeine over-load. Infused with essential oils, botanical extracts, D-ribose, Korean ginseng, and green tea extract.

Take a shot of Nitro when your early-morning routine demands focus for a quick start to the day—especially after a restless night's sleep! Store Nitro in your gym bag for a boost during your workout, for running, weightlifting, or getting through a workout slump. Pack Nitro while traveling to help you stay alert. Share 'shots' to stay upbeat during all-day walking, sightseeing, hiking, and tours. Share with other active families involved in high-energy lifestyles, school sports and fast-paced schedules!



## BRAIN FOOD

**MindWise**  
Sachet 30 ct  
Price: \$67.75  
PV: 67.75  
Item # 20223

**MindWise™** single-serving packets supports normal cardiovascular health and cognitive health. These convenient sachets make it easy to take this supplement for heart and brain function anywhere you go. Made from cold-pressed sachu inchi seeds harvested from the Amazon and other medium-chain triglyceride oils.

MindWise has a high level of unsaturated fatty acids and omega-3 fatty acids. Plus, it uses a combination of fruit juices and extracts, turmeric, and pure essential oils to create a heart and brain function supplement with a taste you'll love. We like to play 'bartender' and create NingXia, Nitro, Mindwise shots! Yep! We do shots before noon and between 2 and 4 o'clock.



## NUTRIENT RICH

**Master Formula**  
Price: \$82.00  
PV: 82.00  
Item # 5292

**Master Formula™** is a full spectrum, multivitamin complex, that provides premium vitamins, minerals, and food-based nutriment and prebiotics that support gut flora that supports general health and well-being.

Multiple ingredients that help neutralize free radicals in the body. Includes antioxidants, vitamins, minerals, and other food-based nutriment. SSI Technology delivers ingredients in 3 forms chosen for their complementary properties. Pre-packaged sachets are convenient to take your vitamins on the go. YL has simplified our travel packs and we do a lot of traveling in this business.



## FOOD to FUEL

**Essentialzymes 4**  
Price: \$51.25  
PV: 51.25  
Item # 4645

**Essentialzymes-4** is a multi-spectrum enzyme complex specially formulated to aid digestion in dietary fats, proteins, fiber, and carbohydrates. Enzymes are only found in "live food" which are increasingly diminished in our soil and through industrial farm practices.

The dual time-release technology releases the animal and plant-based enzymes at separate times within the digestive tract. This allows for optimal nutrient absorption. Includes: bee pollen powder, pancreatin, lipase for enzymatic action. Ginger, fennel, tarragon, anise and lemongrass essential oils to enhance absorption and assimilation.  
(The animal-based enzymes in this product are designed to target the lower intestinal region.)

**MightyPro** is a unique blend of prebiotics and probiotics specially formulated for children. It has a great-tasting powdered formula that can be added to cold food and drinks for easy consumption. MightyPro supports gastrointestinal and immune health to help maintain gut health in children, keeping kids up and active. That means fewer missed days of school, day care, sports, and playing with friends.

**MightyPro**  
Prebiotics  
Probiotics  
Price: \$32.75  
PV: 32.75  
Item # 24261

Contains Ningxia wolfberry fiber, a naturally occurring prebiotic that passes through the gut and promotes healthy bacteria in the colon, helping make the most of the probiotic complex. One-dose packets with over 8 billion active, live cultures supports digestive and immune systems, which transfers to mental clarity. Convenient choice for the whole family!



**MIGHTY SMART**

**Formulated with Thieves essential oil blend**, this all-purpose cleaner is one of Young Living's most popular products. It uses pure, powerful essential oils—including Clove, Lemon, and Rosemary—along with other naturally derived ingredients to keep your home fresh and clean.

**Thieves Household Cleaner**  
30ml-10 pk  
Price: \$22.00  
PV: 11.00  
Item # 20830

YL created an ultra-concentrated, biodegradable formula. Thieves helps clean virtually every surface in your home, including floors, glass, counters, walls, and more. Combines the strength of Thieves® essential oil blend with naturally derived, plant-based ingredients for superior cleaning power. Effectively cleans without the harsh chemicals found in many traditional cleaners. Rinses clean, smells amazing and is non-abrasive.



**SAFE'n CLEAN**

**Young Living's Thieves Lozenges** Unlike many other lozenges, Thieves Lozenges use pure essential oils and natural ingredients instead of sugar or artificial flavoring. These lozenges get an extra flavor boost from Peppermint and Lemon essential oils. Whether you use them for targeted support or overall wellness, Thieves Hard Lozenges are a great addition to a fast-paced, balanced lifestyle.

**Thieves Hard Lozenges**  
Price: \$18.50  
PV: 18.50  
Item # 3282

Store these lozenges anywhere you need them: in the car, your bag or purse, the kids' backpacks, coat pockets, or throughout the house. Keep a handful on the nightstand near your bed to reach for whenever you choose. Place a bag near your vitamins and supplements for a little reminder and have a great-tasting boost of Thieves every day.



**GET RESULTS**

**AromaBright Toothpaste** gently brushes away daily buildup and helps combat the effects of unsightly staining. It's tough on buildup, but its smooth, plant-based formula is gentle on teeth and helps maintain healthy gums.

**Thieves Toothpaste**  
Price: \$28.75  
PV: 28.75  
Item # 5351  
5 pack

Peppermint, Spearmint, and Cinnamon Bark essential oils, along with Thieves blend, give this toothpaste a sweet spicy-mint flavor and freshens breath—all without synthetic dyes, artificial flavors, or preservatives.

Pop in a purse, backpack, or carry-on when traveling. Keep handy as a perfect introductory product to share with friends, family, or acquaintances.

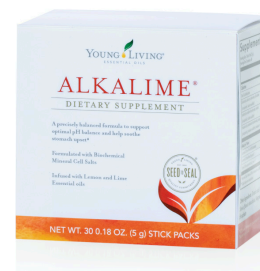


**SMILE BRIGHT**

**AlkaLime™** now comes in convenient single-serve stick packs, so you can enjoy this mild, alkalizing drink on the go. Keep a few in your purse, backpack, or at the office. Formulated with Lemon and Lime essential oils, organic lemon powder, and biochemical mineral cell salts to create a crisp and soothing beverage that's gentle on stomachs. Simply empty a packet into 4–6 ounces of cool, pure water, then stir and enjoy.

**AlkaLime Singles 30ct**  
Price: \$29.75  
PV: 29.75  
Item # 3055

Effervescent formula starts working right away to soothe the occasional upset stomach. Helps maintain optimal pH in the stomach. Free of artificial colors, flavors, or sweeteners, and formulated with nine biochemical mineral cell salts.



**OPTIMUM PH**





COOL

**Peppermint**  
Price: \$10.00  
PV: 5.00  
Item # 4771  
10 pack

**Peppermint** is a natural hybrid of wintergreen and spearmint. It is one of the oldest and most highly regarded herbs for soothing and restoring digestive balance. One drop is equal to 26 cups of herbal tea. It's menthol properties also support the liver, sinuses, nerves and respiratory system.

Add peppermint (Vitality™) to your water for a refreshing change and digestive support. Use on feet, spine and back of neck for cooling down on a hot day.

Rub on temples, forehead, back of neck, over sinuses to reduce pressure, but keep away from eyes! Add to a spritzer or massage oil to spread the menthol in the air or protect the body from outdoor annoyances.



CLEAN

**Thieves**  
Price: \$10.00  
PV: 5.00  
Item # 4773  
10 pack

**Thieves® oil blend** is specially formulated to support the immune system. These samples can make a difference the very first time someone needs a little support for an immune imbalance. It is the "first choice – at the first sign" that many Young Living members turn to, because they know it works!

Always caution people that Young Living oils are pure, highly concentrated plant extracts. Clove and cinnamon are considered "hot oils" and should be diluted for all skin types. The power of Thieves created one of the first full product lines in Young Living's history.

Thieves blend: cinnamon, clove, rosemary, lemon and eucalyptus radiata are known for their legendary uses that date back a 15th century plague.



CALM

**Lavender**  
Price: \$10.00  
PV: 5.00  
Item # 4770  
10 pack

**Lavender** is the most popular and versatile of all essential oils. Throughout history, its efficacy was without question. When it became popular in the perfume industry and as a fragrant additive, its other values were overshadowed. True lavender does not smell sweet so don't be surprised when you start using Young Living! Traditionally used to soothe minor burns and irritated skin.

Popular for diffusing to calm all ages.

Use in laundry, on linens and pillow cases for a gentle way to sleep.

Add to any lotion or organic based massage oil. Rub on the bottom of the feet before bedtime. Lavender is typically safe to use "neat" without dilution for grown children and adults.



FRESH

**Lemon**  
Price: \$10.00  
PV: 5.00  
Item # 4772  
10 pack

**Lemon** is the one of the most fragrant essential oils and it's fresh citrus scent appeals to almost everyone. It's aroma captures the sunshine and freshness of being outdoors so it is very suitable for diffusing. It may seem simple, but lemon is a great way to introduce someone to a natural way of living.

- Add lemon to any spray bottle for an instant air freshener
- Use with cleaning rags and towels for all surfaces
- Rub on feet to brighten your mood
- Add a drop to any beverage for lemony taste (*Lemon Vitality™*)
- Do not expose skin to UV rays. Keep bottles in cool, dark places.



PURE

**Purification**  
Price: \$10.00  
PV: 5.00  
Item # 5009  
10 pack

**Purification® oil blend** was formulated to neutralize bad odors, deodorize toxic air, smoke, and to help us enjoy outdoor activities with fewer annoyances. These samples will send any prospect off with a memorable impression of Young Living and the benefits of 100% pure, therapeutic-grade essential oils.

Diffuse to reduce bad odors. Apply to diminish outdoor challenges. Create DIY spritzers or roll ons for convenient uses. Always caution people that Young Living essential oils are pure, therefore highly concentrated plant extracts. Always use caution applying to the skin when being exposed to the sun and UV rays.

Purification contains: lemongrass, rosemary, tea tree, myrtle, citronella and lavender.

**Slique Tea** was created to help balance the appetite. Formulated with natural ingredients to support individual weight goals or enjoy a healthy alternative to coffee. This blend is rich in flavonoids to help maintain healthy body functions. Contains polyphenols, which may be useful in a weight-management regimen when combined with a healthy diet and physical activity.

This unique blend is enhanced with 100% pure therapeutic grade Frankincense powder. Keep some tea bags in your purse or car for those unexpected moments you find that you don't want coffee or industrial, processed teas. Just ask for hot water! Premake a batch of ice tea and keep it handy all summer long. Add your favorite essential oils to change it up.

**Slique Tea**  
Ocotea  
Oolong Cacao  
25 ct  
Price: \$20.25  
PV: 20.25  
Item # 4560



**SOOTHE & SLIM**

### Lavender/Grapefruit/Cinnamint Lip Balms

- Promotes healthy lip tissue, while acting as a barrier against harsh elements.
- Apply as needed for all season(s) and all climates.
- Store in cool place and keep out of direct sunlight.

*Cocos Nucifera* (Coconut) Oil, *Beeswax*, *Prunus Amygdalus Dulcis* (Sweet Almond) Oil, *Simmondsia Chinensis* (Jojoba) Seed Oil, *Lycium Barbarum* (Wolfberry) Seed Oil, *Rosa rubiginosa* (Rosehip) seed oil, *Tocopherol*, *Mentha piperita* (Peppermint) oil, *Citrus aurantium dulcis* (Orange) peel oil, *Mentha spicata* (Spearmint) leaf extract, *Cinnamomum zeylanicum* (Cinnamon) bark oil. Contains nut, soy, and coconut/palm ingredients.

**Lip Balms**  
\$4.00 PV: 4.00  
Lavender  
Item # 5203  
Grapefruit  
Item # 5178  
Cinnamint  
Item # 5150



### Other items easy to Share:

Wolfberry Crisp Bars, Slique Bars, Thieves Hand Purifiers, Thieves Spray, Vegetable Spray, Dental Floss..... AND more to come as we continue to add **Sample Ideas** that remain sealed and safe to share from Young Living.

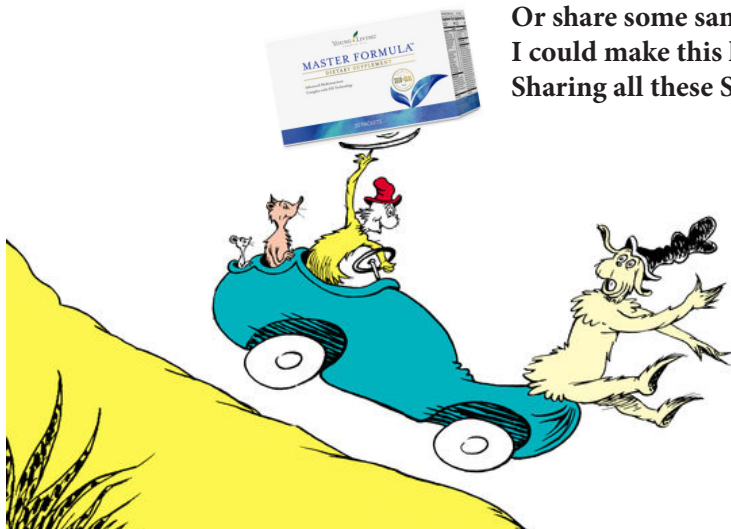
Most Items  
are full PV.

Use ER and  
Quick Orders for Tax  
Deductable  
Sharing!



Say! I like these handy sampler packs  
I do! I like them for a fact  
And I would share them in a boat  
And I would share them with new folks  
And I will take them on a plane,  
And in my car or on a train!

I could ship them in a box  
Just a few.... or maybe lots  
I could mail them to a friend  
Or share some samples at my class  
I could make this lots of fun!  
Sharing all these Sampler Packs!



Would you? Could you, share them, too?  
Try it! Try it! What can you lose?  
Give them out wherever you go  
Mail a package to someone you know!



# Home Tips

**Do you ever find yourself digging for the thing you want?** Like spices 4 rows deep or a bottle of Kombucha that got pushed to the back of the fridge? Picture your bottle of NingXia Red on the bottom shelf, behind the orange juice.... Now picture the NingXia packs in the refrigerator door! Boom! Grab 'n Go!

**The thing we love about “sample packs”** is that you can keep them in numerous places so you can access them quickly. We all love convenience so let's make Young Living easy for everyone.

**How about a bottle of MindWise?** Hate the sticky cap and “where is it at?” Grab a packet (right there on the counter top or next to the NingXia inside the refrigerator door), tear open and Pour!

**We keep MightyPro in a bowl** on the counter top. These little ‘sugar packs’ are so yummy, they satisfy the craving for unhealthy treats. Zip and Tip!

Of course you probably don't need to use a packet of **Thieves Household Cleaner** at home, but if you left one in the bathroom, maybe someone would impulsively wipe down the sink or clean the medicine cabinet without asking. Ha ha!

Young Living came out with the **essential oil sampler packs** back in 2012. We were pretty excited to have a way to share “samples” with new people. We also discovered how handy they are for ourselves! **There's about 6 drops of oil that could be left in bathrooms or guest rooms as simple reminders to “try this.”**

\* Lavender to help your mother-in-law sleep.

\* Peppermint to take the edge off your cousin's sore knee.

\* Purification for your friend who can't stop sneezing when adjusting to your dust.

\* Lemon they could add to their water or tea.

\* Thieves (advise on usage/dilute) to soothe a scratchy throat.

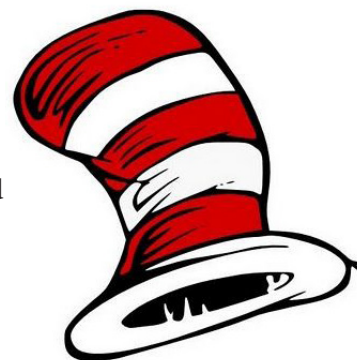
**Leave lip balms** around the house so no one has to ask if you have any, when they come back parched, from a day in sun:)



# Travel Tips

**Put on your Thinking Caps!**

The very first sample packs we ever had were for **ART Age Refining Technology** in 2010. Sadly, they discontinued making them.



Then the foil packs for some top favorites came out and we were able to buy small amounts of lemon, peppermint, lavender, Purification, and Thieves with us. **You can pass through TSA checks with enough oils to fly anywhere.** If it's a short trip, the samples might be enough to save on the ‘over-packing syndrome’ most of us have! But, don't forget to bring at least two, because you'll probably end up giving one away.

**Easy: NingXia Red and Nitro packs!** These red gems can buy you extra hours of drive time and plane changes on a tight schedule or rush hour. They also pass TSA criteria and can really boost your energy when you travel. (Again - better have extras to share:)

**For short trips it's easy to pack some Master Formula; Essentialzymes-4; Alkalime; MindWise and MightyPro.** We all have our ‘supplement regimens’, but prepackaged items are rarely a concern for TSA agents and they stay clean, dry and safe under any conditions. A ziplock full of vitamins can look suspicious! (Now let's hope for some Balance Complete or Protein Complete in single serving packs, too!)

Have you ever felt a scratchy throat coming on when away from home? You start looking for a safe and natural product that might help and the ingredients don't add up. So... **Don't ever forget your Thieves lozenges!**

I have to admit I haven't done this yet, but I will be taking **Thieves Household Cleaner packs with me when I travel!** How awesome to be able to wipe down counter-tops, sinks and vents with a safe cleaner!

**And hooray.... for a small tube of toothpaste that fits in your toiletry or makeup travel bag.**

**Don't forget.... Wolfberry Crisp or Slique Bars!**



# Sharing Tips

## **You can make your home represent your lifestyle!**

When people stop by for the first time or the hundredth time, they should see Young Living in every room! Can get creative with some of these **SAMPLER** ideas, when someone asks about your diffuser, or the awesome Thieves scented bathroom or kitchen? Be ready to give them a few samples!

**Break off a few Essentialzymes-4s, or handout a couple MightyPro probiotics** to your guests after dinner. *(Especially if something didn't digest well after they ate.)*

**Thieves lozenges are a no-brainer!** These simple little cough suppressants really work and you might want to attach a business card, when you share with a stranger.

**NingXia Red and Nitro singles are "Grab and Go" energy without the caffeine and sugar spikes.** Most people want to check out the flavor of any "super juice" before they buy a whole bottle We're pretty proud of ours for taste and nutritional value!

**Think about all the places you go where you interact with people:** day care, preschool, school, church, business meetings, salons, chiropractor, dentist, community education, etc. Are you prepared to give out a sample of the things you are excited about?

**Having 'visible evidence' of products you love and use every day** makes it easier for people to notice and ask questions. Vitality oils in the kitchen? There is nothing more powerful than living an authentic life... and ....being a product of the product!

**Everyone who has successfully changed unhealthy habits to healthy choices will have a story. Tell your story and leave a sample in the hands of someone who is looking for a better lifestyle!**



# Event Tips

## **Summer/Fall Events**

**July 17-21 YL 25th Convention Anniversary**

**August 10: Passion Rally**

**September 7: Grow**

**October 4-5:  
Mpls Event with Star,  
Carol Brinkman, Stacy  
Tiegs and Dr. Purser**



**If you can't make it to the 2019 YL Convention, go to a PASSION RALLY or a GROW Event this fall!** Register for Beauty School or commit to local events that are getting larger in every region. ([youngliving.com/events](http://youngliving.com/events))

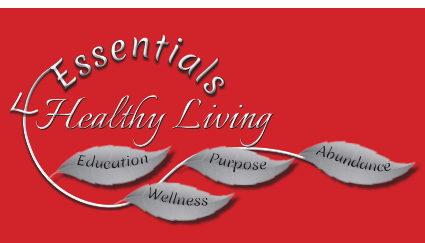
Whether you've ever gone to a Young Living Convention or not, watch the Facebook page or follow your leaders posts about all the give aways, promos, discounts and especially the unveiling of **NEW PRODUCTS!** Young Living has a history of running out of the new products within weeks after their launch. Convention goers Grab 'em all and they Go fast!

**Sharing a hotel room? Things get messy** when you're at convention or any big event. It's nonstop "grab and go" to workshops and activities. Prepare your purse, backpack and suitcases to have "samples ready" for you and your friends.

**Let's keep our eyes open for new products that can be turned into a "Sampler."** Let's see what YL has in store for us this year. They're getting smarter about single serving packs, customer samples, safe traveling with oils and supplements, and clever ways to share our world class products.

**From your car, van, truck, bus, train or plane, always have samples packed and accessible.** Leave the big bottles at home!

**Pack light and pack smart!** There are numerous opportunities to purchase small jars, spray bottles, roll ons and packable containers to make your own travel items. Share your clever ways of leaving a small footprint when traveling or attending a large event.



## 2019 Sampler Grab 'n Go!

Would you, could you share a pack? Could you, would you sample that?  
Could you Grab 'n Grow your team? With this simple, easy theme?

Star Moree #117894  
620 Mendelssohn Ave N #158  
Golden Valley, MN 55427  
ph: 612-353-6728  
email: efhl.team@gmail.com  
www.essentials4healthyliving.com  
FB/essentials4healthyliving  
Check out our FB Groups & Events

**NEWS INSIDE** that you  
should know:

**SAMPLER PACKS**  
just GRAB 'N GO!



Summer time is a great time to share YL with family and friends. Watch for some "hot incentives" and Rising Star Team challenges, new enrollment ideas, fun rewards, and essential rewards bonuses.... check out the YL website for monthly promos and Convention!

### **Sampler Post Cards Available for over 20 Young Living Products!**

Order your YL Products, make a  
list of people you'd like to **SHARE**  
with, pack up and surprise them!

Who isn't charmed and delighted  
to receive a gift in the mail?

Who isn't inspired to try a new  
product or sample one they didn't  
know Young Living had?

Who isn't ordering? Why not?

**Could you, would you like to Share?**  
**From the beach or mountain air?**  
**Would you, could you in a camper**  
**or spa resort where you self-pamper?**

**Everywhere you travel now**  
**You can do this, we'll show you how!**  
**From your car, a bus or train**  
**You can do this when it rains.**  
**You can do this in the sun**  
**at the lake and on the run.**  
**Yes you can, your team can grow**  
**with "Sampler Packs".... just Grab 'n Go!**



**Don't forget to share with the  
people you meet this summer!**

There are 4 great Premium Starter  
Kits to choose from to help people  
adopt a new, healthy lifestyle.

Who isn't delighted to receive  
something that brings results?

Who isn't inspired to try a new prod-  
uct or sample one they didn't know  
you had in your purse or pocket?

Who isn't a member? Why not?

**NEW!**

Dewdrop  
Item #26666  
Price: \$165

Rainstone  
Item #26655  
Price: \$210

Aria  
Item #26656  
Price: \$265

2019 Premium Starter Kit  
Desert Mist • Item #26669  
Price: \$165 • PV: 100

**Aromatic Start**

NingXia Red  
Premium  
Starter Kit

Item # 5467  
Price: \$170.00  
PV: 100.00

**Healthy Start**

Thieves  
Premium  
Starter Kit

Item # 5467  
Price: \$170.00  
PV: 100.00

**Clean Start**

Savvy Mineral  
Makeup  
Premium  
Starter Kit

Item # 5467  
Price: \$170.00  
PV: 100.00

Item # 23830

**Savvy Start**