

Education for Wellness Purpose & Abundance



essentials4healthyliving.com

STAR TEAM NEWS AND EDUCATION FOR YOU AND YOUR ORGANIZATION Star Report_2018

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YL GO = Reduced Shipping

Insert: Rising Stars Blend

10 Scripture Oils Blend

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Dear Rising Stars!

In deepest Gratitude we remember this year as a time that Gary Young received his Angel Wings. Many of us will always honor his adventurous spirit, “living life on the edge” that included the logging accident which ultimately lead him to his Life’s Mission. We joined Young Living 21 years ago and met Gary Young within the first year of becoming members. In January 1998 we met Anna-Maya Powell. She was my first Young Living Mentor. (I think of her more as my angel!) Young Living was hosting an event in Bloomington, MN, in late January. I was still living in the Upper Peninsula of Michigan while we waited for our house to sell. Dave had taken a job at Miller Auto in St. Cloud, MN as a Finance Manager. I drove 8+ hours through a blizzard to meet him and my mother, Gloria (“my first recruit” who drove 5 hours on snowy, icy roads from Iowa) for this special two day training event. After the event was over, I waited in a long line to meet Anna-Maya...I was in awe! Anna-Maya assured me that I could share Young Living “my own way” with the life and skill set that I had already acquired! Her words helped me revisit my work as a Physical Therapist and see how I might be able to share Young Living and Natural Wellness in a way that would bring honor to God. So to be able to join such an amazing company with credible, historical essential oils was **LIFE CHANGING!!!**

Many of us in Young Living, “short timers” or “long timers” have special memories that keep the magic of what Gary Young has created alive in our hearts. Likely, some of our fondest memories are those first “light bulb moments” when we connected all the dots to just how much Young Living has to offer –or when each of us had an opportunity to meet one of the Young’s in person. We will always hold these moments close in our thoughts.

Around this time of year, as the retail world tempts us with things that we may or may not need, I am still humbled by the Ancient Gifts of Essential Oils. Staying focused on God’s most precious gifts, including the birth of Jesus, always helps me keep things in perspective. No matter your religious or spiritual upbringing, essential oils seem to transcend ancient cultures and bring people that were once divided to agree on one common theme... that God’s most precious gifts of Essential Oils, were gifts meant for All to enjoy!

When I first joined Young Living we had a lot of divide in our own families and I held in mind that these divine gifts could bring us all closer together. Indeed, the essential oils created a great common ground for our family, as we trust they will for you and yours!

My prayer was a simple one... when I found Young Living, “Please God, help me find something that I can share from my home, that will help people as much as I can as a Physical Therapist!” God answered my prayers and our family is forever grateful for all the wisdom and knowledge given to us through Gary’s work, pure essentials oils & essential oil enhanced products, plus the many, many friendships and adventures we have shared along this 21 year journey!!!

As we look back on this last year and move forward into 2019, we pray for many blessings of Love, Peace, and Prosperity. No matter your walk in this life, no matter how challenging things have been, we have all been blessed by Gary and Mary Young and the many ancient gifts they helped bring back to our modern world. We honor you, Gary, and you are greatly missed, but never forgotten. Gary, and his Life’s Work live on through each of us willing to share and fulfill his mission of Young Living Essential Oils in every home around the world!

We love and appreciate you and this amazing company we call Young Living that brings us all together for the greater good of all human kind!

Sincerely,

Star and Dave Moree,

The Office of Essentials for Healthy Living and the Rising Stars Team Staff

Rising Stars ♦ 2019 Tool Box

FaceBook/Essentials 4 Healthy Living:

Like our main page: facebook.com/essentials4healthyliving and **Ask** to join the **Rising Stars Team** page.

Rising Star page link: facebook.com/groups/yleorisingstars/

Join our events: up to date information and materials to help you grow your teams. We archive our classes and have multiple links to help you find current events. Daily inspirational tips and quotes can help you start your day with gratitude and optimism.

We're expanding to Pinterest and InstaGram, posting some awesome quotes and images you can Share with your groups.

If you're not on Social Media and need some guidance, check with your Young Living family to get you started. If you're a savvy FB user, please help your members set up a FB account to get connected!

Team Website

essentials4healthyliving.com

If you received this newsletter, **You are a Member of the Star Team!**

Log on to the Member's Page
Password: Starteam*

This will give you exclusive access to: Rising Star Tips and Tidbits, Newsletters, Handouts, Business Tools, Private Events, Team Building, YL Monthly Promotions, other resource links.

Rising Star Contests:

45 Fit & Fun Days

Nominate a Rising Star
Party On

Share Because You Care

Our website is to help our members stay informed. FaceBook has become a widely used tool for communication, but we know not everyone has an account or can make it to an online event.

Contests are ongoing and updated more often on FaceBook....
Please Join our FB Pages!

Watch for more FaceBook Live Videos on our FB pages. The next generation of "Sharing" will include applying today's technology with an online presence! If you can't physically attend an event or a class, you can learn at your own pace and in your own space. Watch for improvements in our Social Media evolution.

Our Golden Valley, Minnesota office is creating a new environment to provide on site education! You and your teams are welcome to participate in office-held events, workshops and video sessions with "ready to go backgrounds" of YL products, education and wellness settings.

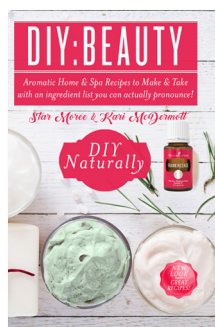
The office can also be rented for your own classes. Watch for Open House Events.... come as you are.... pick a day to play.... We are still working out some details. Watch for "Living the Joyful Life Leadership Series."

Contact Star if you have questions about reserving the office. We hope to book your small events this fall in our cozy space. You'll be surrounded by YL products to help new people experience the Power of Essential Oils!

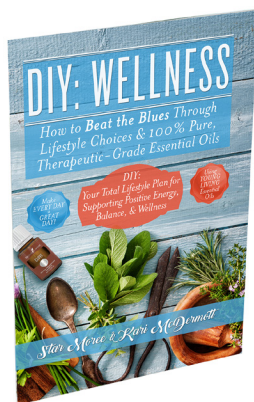
SPANISH CONNECTION: Vida Saludable Rising Stars

is our Spanish Team page for our Latino YL families in the US, Mexico, Puerto Rico and abroad! Please join us on this page for those that speak only Spanish or are bilingual.
www.facebook.com/groups/yleovidasaludable/

Intro Classes: Books to Read and Share



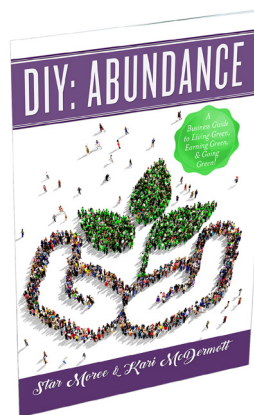
Remember the **FIRST** DIY recipe book to help grow your Young Living family? We wrote it: *Beauty & Body Care; DIY Naturally!* LSP split all the information into two themes to continue supporting home party DIY events.



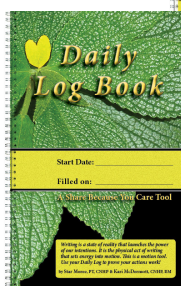
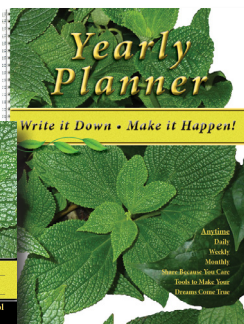
In 2018 LSP reformatted our “Beat the Blues DIY: Wellness book for the YL convention! Have you seen it yet?

This is the perfect handbook for Community Education classes. There are no specific blends or supplements mentioned.

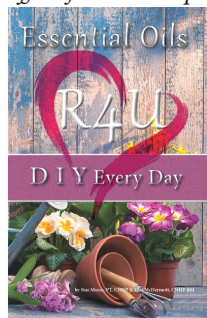
It's a ‘back to basics’ reminder for living a healthy lifestyle using the key points of nature and healthy choices to support our mind, body and spirit commitments.



DIY: Abundance was reformatted from the Share Because You Care: Guide and Workbook series. This is a business building gem! We'll be recording a “how to” build your business and develop leadership skills in your group.



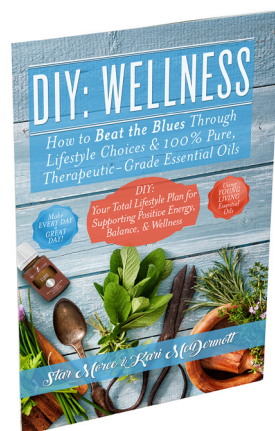
We still have first print-run inventory on three favorites! Contact our office for volume purchase information. **612-353-6728**



Don't wait until January to start planning 2019 events and setting your personal goals. START NOW!

We've worked hard to bring you introductory materials and tools to help grow your teams and YL businesses. If you haven't read or used our books for streaming a class, we're going to show you how easy it is to share Young Living without complicating it!

Starting in 2019, we'll do some quick FB Live posts to promote each of our books. We'll also tape longer versions to post to the Rising Stars Team page, the website, and leader's groups.



We're going to start with the **DIY: Wellness** book to demonstrate how easy it is to share simple steps that can help people adapt to a more natural way to live!

Vendors:

We've been working with Life Science Publishing on more collaborative and professional products. You will soon find all our books at: **discoverlsp.com**

Watch for Passion Rally Events (1/19/19), Holiday Specials and member discounts on book sales and promotions.

Shop for all the latest-greatest books and tools at Life Science. Stock up for your 2019 DIY Parties, Intro Classes or Big Events.

Become a Preferred Member, Event Pricing, Special Discounts, Pocket App, Free Shipping (\$100+orders), Drop Ship to others to grow your business!

2019 A Few of Our Favorite Things

THEY'RE HERE!

CHECK OUT THE NEW PRODUCTS THAT MADE WAVES AT THE CONVENTION!

Lantern Diffuser
23700 PV 50.75 \$84.75

[View More](#)

NEW Improved Skin Care

Orange Blossom Facial Wash

20176 PV: 39.75 WS: \$39.75

Our Facial Wash is a hypoallergenic, gentle face wash for oily skin and leaves behind no pore-clogging residue, so it will perfectly complement your daily skin care regimen.



and Moisturizing Oil

21622 PV: 33.50 WS: \$33.50

Made to benefit oily complexions, this moisturizer improves the appearance of skin without irritation from harsh chemicals. This essential oil-based moisturizer uses only naturally derived, plant-based ingredients that are non-comedogenic and vegan-friendly.

Charcoal Soap

23799 PV: 12.50 WS: \$12.50

The unique benefits of charcoal soap with the fresh scent of the Orange Blossom essential oil, make it an especially suitable face soap for combination, oily, or acne-prone skin to help maintain a clear, healthy-looking complexion.



Mirah Cleansing Oil

23735 PV: 36.75 WS: \$36.75

Formulated with ten essential oils, including Rose and Ylang Ylang, as well as ten moisturizing carrier oils, like jojoba and argan, this facial cleanser removes pore-clogging impurities without stripping away the natural oils your skin needs.

Mirah Shaving Oil

23705 PV: 26.75 WS: \$26.75

Designed with every hair type in mind, it smooths and rids hair of flyaways and frizz and makes hair silky, shiny, and smooth.



Hydrating Primer 23684 PV 35 \$35.00

Help your complexion appear radiant and younger-looking with this hydrating primer. It minimizes the look of pores and fine lines while creating a smooth surface for foundation to adhere to for long-lasting coverage. Dry skin will love the extra moisture in this luxe primer, which is fortified with coconut oil and shea butter.

Mattifying Primer 23837PV 35 \$35.00

Formulated with Manuka and Tea Tree essential oils, this skin-loving primer gives oily skin a matte finish and long-lasting wear to your foundation while helping reduce the appearance of blemishes.

Eyeshadow Palette 23954 PV 55 \$55.00

Each gorgeous shade is made with a Lavender-infused formula that includes coconut oil and shea butter for a velvety smooth application that easily blends and builds. Plus, without fillers, parabens, or synthetic fragrances, it's one of the best eyeshadow palettes for your high standards.

Veil 23327 PV 45 \$45.00

Ideal for sensitive skin, this long-lasting mineral veil finishing powder absorbs excess oil to keep your foundation in place, while keeping you looking radiant. Shimmer (Diamond Dust) and Matte options.

Max. Strength Acne Treatment 23795 PV 26 \$26.00

Naturally derived, maximum-strength salicylic acid from Wintergreen helps clear acne blemishes, pimples, and blackheads; but its plant-based powers don't stop there! Tea Tree essential oil helps cleanse your skin, while Manuka oil reduces the appearance of blemishes.

Mascara 21072 PV 29.75 \$29.75

Looking for a mascara that works with sensitive eyes? Determined to use makeup that wasn't tested on animals and wasn't formulated with harmful products?

Savvy Minerals **MASCARA**



Savvy Minerals Mascara is the answer!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

Trust Nature and Share Young Living!



New Sunscreen SPF50 24137 PV:29.75 \$29.75

Stronger option for fast-absorbing sunscreen into your skin for added protection from UVA and UVB rays. This dermatologist-reviewed product is formulated to easily smooth on skin without leaving white residue! Enjoy the outdoors worry-free with up to 80 minutes of water- and sweat-resistant lotion. This might just be the best sunscreen you've ever used!



KidScents MightyPro 24261 PV:32.75 \$32.75

MightyPro is a unique, synergistic blend of pre-biotics and probiotics in a supplement specially formulated for children. Packaged in easy, one-dose packets that can be taken almost anywhere you go, this supplement features over 8 billion active, live cultures to support digestive and immune health.*



Einkorn Berries 24552 PV:7.75 \$15.50

Gary's True Grit® Einkorn Berries are a great way to enjoy einkorn in its simplest form. Einkorn grain contains only 14 chromosomes, compared to the 48 chromosomes in modern, hybridized wheat. More than 10,000 years ago, before flour became highly processed, families gathered around homecooked meals created with this ancient grain.

This subtly sweet ingredient can be used as a base for salads or as a wholesome porridge on cold mornings. It can be enjoyed whole by preparing it similar to rice, or you can mill it into fresh einkorn flour.

Free from artificial flavors, colors, and preservatives—and with lower gluten levels than modern, hybridized wheat—einkorn berries are great for the whole family! Young Living is proud to help bring the wholesome simplicity of einkorn back to its rightful prominence in the world and at the heart of your home.



Kunzea 5ml 23433 PV:39.75 \$39.75

The extracted Kunzea essential oil has comparable properties to Tea Tree oil, but offers a more pleasant aroma and milder sensation when applied topically. It contains a high level of alpha-pinene and eucalyptol, so it works to help soothe fatigued muscles and reduce the appearance of blemishes. When diffused, it helps create a relaxing atmosphere and creates a refreshing respiratory experience.



Seedlings™ Baby Gifting Bundle 20721

PV:80.25 \$118.50

This is perfect for your new nursery or a friend's baby shower. It includes our Baby Wipes, Baby Oil, Baby Wash & Shampoo, Baby Lotion, Linen Spray, and Diaper Rash Cream. (Also includes washcloth, hooded bath towel and basket—all part of our Seedlings line.



We thank Melissa Poepping for helping Young Living create a Safe, Clean Make Up Line that protects our skin and looks great! Check out her best selling new book “Essential Parfumerie.”

Cinnamint Infused Lipstick 23839/23848/23843/23841/23845 PV26.25 \$26.25

Made to glide on smoothly and add a luxurious shine, this lipstick is full of nourishing ingredients! Create a bold, impactful look by using one of the rich, deep shades day or night!

Multitasker Dark/Light/Medium/Tan PV:20.75 \$20.75

Add drama to your look with a swipe of Savvy Minerals MultiTasker. Richly pigmented, this deep and dark brown shade is perfect as an eyeliner, eye shadow, or brow filler.



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YL Foundation ♦ Back to School 2019

Essentials for Healthy Living continues to “give back” in gratitude, for to the success we’ve experienced in the natural health industry. Young Living has been a platform that allows us to build a wellness community, healthy relationships, and to be role models for the next generation. Support is a multifaceted, valuable gem!

We take pride in our mission and our mission statement: *“...to be a resource for information that allows you to make educated choices in creating wellness, purpose and abundance in your life, and the lives of others”*

Success is rare without a team of people supporting each other. We are part of a larger circle that gives of our time and resources, like **Cherie Ross** who will go out of her way for you and Young Living when life gets challenging. We can’t express in words, how our belief systems unfold into a reality that we never imagined. For me, it is bigger than my dreams.... and better than I ever planned!

Always plan to Give Back a percentage of what you Receive!

The Young Living Foundation

100% of every tax-deductible dollar goes directly to projects and partnerships. GIVING is alive and well in our industry and especially in our Young Living family!

Did you know Scott and Brenda Schuler (Vital 180 Team) sponsored a bike ride to raise money for the foundation? At their final destination in their second year, with 20 riders, they auctioned off 3 motorcycles, a scooter, ATV, and a Jeep, raising funds to cut YL a check for for \$1,000,000!

Our many Diamond Leaders and Rising Stars contribute to the foundation every year. Their gratitude for the Abundance that Young Living creates in their lives, is a driving force for change in the world! We are surrounded by great leadership: top down and bottom up!



DID YOU KNOW?



If every member worldwide
ROUNDED UP
to the nearest dollar when placing an order,
it would generate more than
\$4 MILLION/YEAR
in donations for the
Young Living Foundation's carefully
selected projects and partnerships.
In less than a second, and with one click of
the mouse, you can make a difference with
EVERY SINGLE ORDER.

Every Passion Rally should have a YL Foundation table, auction, fundraiser and “Abundance Attitude!”

For more information where you’d like your Gift to go to help: Puerto Rico, Ecuador, Nepal, Africa, Uganda....

Go to: younglivingfoundation.org

★ Thank you Scott and Brenda for honoring Mary Young’s quote.... “More money in the hands of good people, will do more good in the world!”

After the holiday break - it’s back to work and back to school! We all have cellular memory that brings out the “student archetype” in our lives. Tap into those good habits and start planning for 2019.

Here’s some tips to ‘think’ about:

- Use your Planner to pen your dreams/goals
- Write down your days/weeks/months that have consistent, repeating events
- Decorate your Planner: add tabs, flowers, stickers, colored inks, essential oils.... Abundance, Believe, Brain Power, Clarity, Dream Catcher, etc!
- Start diffusing (the flower gardens are dormant:)
- Oil-up! Feet First every morning starting today
- Pack a healthy lunch (NingXia/MindWise/Zyng)
- Fill your Diffuser necklaces (defy restricted areas)
- Declutter Top Down and Outside In
- Create down time and play time and rewards
- Study with an essential oil (not just for kids!)
- Start a yoga, meditation, exercise habit
- Help your kids build good habits
- Limit screen time and embrace the season!
- Talk, Play, Socialize in Person!

YOUNG LIVING
ESSENTIAL OILS



- Enroll for 12 months for \$59.00 or 24 months for \$129.00!
- Free Shipping on Essential Rewards monthly order!
- \$5.00 shipping for any quick order the same month and FREE for additional quick orders!
- Priority processing! Reduced overnight shipping!
- Upgrade shipping at the last minute for discounted rate!

STEP 1

**SIGN UP**

FOR ESSENTIAL REWARDS

Already on Essential Rewards?
Great! You're ready for Step 2!

STEP 2

**ENROLL**

IN YL GO OR YL GO+

How do you know which option is best?
This comparison chart will help you find the solution that best meets your needs.

REDUCED SHIPPING for ER MEMBERS!

Spirit Never Dies ♦ Journey On!

Gary Young can't die! His life, his energy, and his spirit live on. He's in every drop of essential oil we use. He's in every supplement we take. He's guiding laboratories where our oils are tested and millions of plant constituents are studied and documented. He's in every library, book and research paper that carries the historical and future pursuits of Aromatherapy and plant medicine from around the world.

Gary's hand will continue to guide every farm field we visit that dedicates themselves to sustainable farming, healthy soil and good farm practices. He's watching every forest that yields its wood to become "captured light in a bottle." He can be remembered in every flower whose aroma delights us and resets our emotions in a single breath. He will be the 'angelic guide' for our continuing pursuit of God's Gifts to mankind that are found in remote places, in our own back yards, in our minds and our hearts.

This was a man who did the work of ten men and lived like there was no tomorrow. He was a pioneer, adventurer and persistent trailblazer. He was equally able to tap into the power of his emotions and those around him, to bring out the best in people. (Some people aren't ready for their own potential. That's not his fault. Living up to Gary's standards and work ethic isn't for everyone!)

Whether you knew him personally or not, if you are a Young Living member, you have been blessed by the life of D. Gary Young! I could line up all the motivational speakers I was inspired to follow, but none could influence me as deeply or as widely as this phenomenal man. Why? Because he LOVED this EARTH, her PEOPLE and our POTENTIAL!

In Loving memory of D. Gary Young, from Kari McDermott

Every new beginning is another beginning's end.

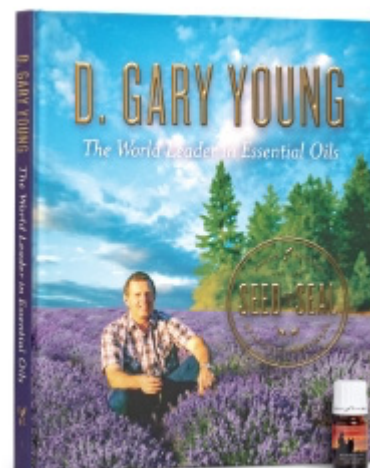
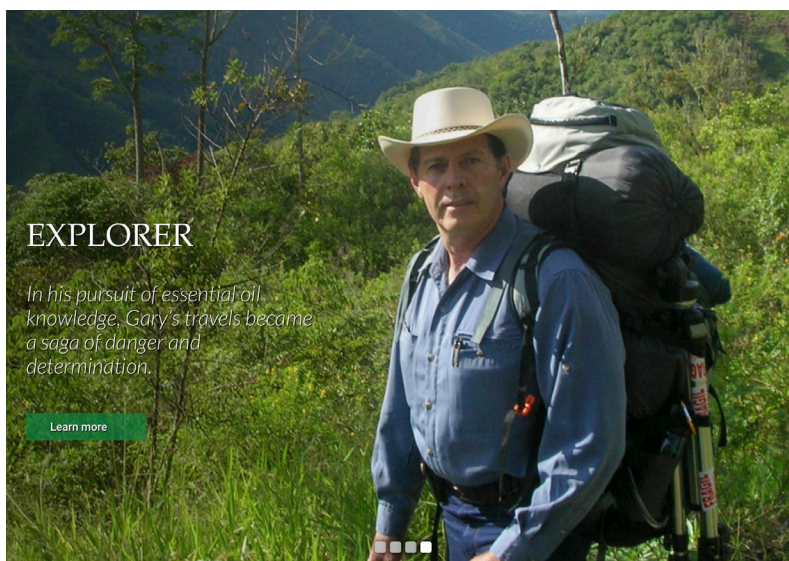
Young Living doesn't end, because its founder has moved on to greater things! Life is all about beginnings, endings, changing, growing, and sometimes.... just finding our own way to Journey On!

There's no simple way to truly capture "the essence" of such a man. He probably deserves a library named after him for all the research, knowledge, science, historic facts, discovery, adventure, determination and spirit he brought the world. He truly left a legacy when he departed for the next Journey.

What stands out most to the people who knew him best, was his ability to dream big and believe in his dreams. He also knew how to empower others to pursue their dreams and seek their Highest Potential. If you haven't found your Passion or Purpose yet, please find a guide to set you on your Journey! There are so many great mentors, coaches and role models out there, because Gary planted seeds in so many ways!

This holiday season, give yourself a gift or send this gift to someone on your team to recognize that we are all On a Journey.... and we can do it together, in a good way!

We are also grateful that Mary had the foresight to get Gary's Book completed a few years ago so we can learn from a master, on how to live life to the fullest!



**D. Gary Young
Commemorative
Collection**

**Item 25215
PV 44.75**

**Includes a bottle
of Journey On
5ml essential oil**

