

Education for Wellness Purpose & Abundance



essentials4healthyliving.com

STAR TEAM NEWS AND EDUCATION FOR YOU AND YOUR ORGANIZATION Star Report_2017

Contributors:

Star Moree, PT, CNHP

Kari McDermott, CNHP, RM

Samantha Lopez

Yesenia Rodriguez

Editor:

Kari McDermott

Studio 4:44, Inc.

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[http://](http://essentials4healthyliving.com)

essentials4healthyliving.com
Find Us on FaceBook

email:

efhl.team@gmail.com

Dear Rising Stars!

We feel extremely blessed having each of you in our team and very blessed by the journey we have taken, as part of Young Living for 20 years this January 2018! The journey has had its bumps in the road. We have gone from Fax, and "Snail Mail" to join YL with our wholesale accounts, to being able to register on-line (without needing a SSN) to get started! It is hard to believe that 20 years ago our UpLine Leaders were on the forefront of creating every handout and booklet available... many of us remember there were few educational materials. We took on creating many of our own tools, as there just were not many options for introductory or even advanced materials available on the use of Essential Oils and Essential Oil enhanced Supplements. Now, the information is all over the internet, in print by the volumes. And social media is exploding with blogs, fun and creative ads, YouTube videos, FB Live and more. The resources seem never ending and it can even be overwhelming for those of us not raised in the era of modern technology!

Perhaps transcending every form of communication is the value we take in forming lifelong friendships, relationships and sharing love in simple words, gestures and acts of kindness. This year's Young Living Convention really drove home the meaning many of us want on our journeys to find Happiness and Joy in our Success. The biggest gift received this year, was not in a monetary form but taking the time to better understand the inter-working of personalities, leadership styles and what does it mean to find true success in life.

There is one special gift we give you this season (that we can not put in a box) and this year it is the gift of living the "Joy Inspired" life. The understanding that success is measured by your level of happiness, not by the material things accumulated, or the trips taken. It is the true JOY you receive by taking challenges, pushing through hard times and being "thankful and grateful" for each special day that we have been blessed with. Finding our own authentic self and keeping our business in alignment with what fits with our own core values has been key!

We appreciate the connections and personal mentors we have been blessed to work with this year. Taking a journey of personal development is worth every penny! Young Living has given us amazing products and gifts to enhance our self development opportunities. We have been blessed with acquiring the insight to reach out and choose to find the Joyful side of life and in our leadership styles. Every person, every drop of oil, every journey is worth sharing! Thank you for sharing mine!

Joyful blessings,

Dave and Star Moree

*& the Office of Essentials for Healthy Living, Inc
Kari, Samantha, Yesenia, Cindy, Kathi & Mallory*



Rising Stars Team ♦ “Tool Box”

FaceBook/Essentials 4 Healthy Living:

Like our main page: facebook.com/essentials4healthyliving and **Ask** to join the **Rising Stars Team** page.

Rising Star page link: facebook.com/groups/yleorisingstars/

Join our events: lunch and learn, great tips, up to date information and materials to help you grow your teams. We archive our classes and have multiple links to help you find current events.

We're expanding to Pinterest and InstaGram, posting some awesome quotes and images you can Share with your groups.

We are now doing FaceBook Live Videos. The next generation of “Sharing” is applying today's technology! If you can't be physically present at an event or a class, you can learn at your own pace and in your own space.

Our Golden Valley, Minnesota office is creating a new environment to provide education! You and your teams are welcome to participate in office-held events, workshops and video sessions, or host your own with “ready to go backgrounds” of YL products, education and wellness settings.

The office can also be rented for your classes. Watch for Open House Events.... come as you are.... pick a day to play.... We are still working out some details. Watch for “Living the Joyful Life Leadership Series.”

Contact Star if you have questions about reserving the office.

The Joys of Leadership 2017-2018

Joy Pecchia trained a number of small groups on the Rising Star Team and sparked some new energy! Do you claim your own power? Do you play big with your gifts and talents? Are you surrounded by people who share your values and support your dreams?

Take the Tony Robbins test: tonyrobbins.com/disc assessment to get some insight on your learning and leadership style. Then join us to make the most of who you are, how you operate.... and how to work with others!

If you're interested in some great new ideas to continue the momentum in 2018. Contact Star's office: efhl.team@gmail.com

Does Success bring joy and happiness?.... How do you find the JOY in leadership and in your business to live your best life?

To learn more about Joy Pecchia: joypecchia.com

If you're not on Social Media and need some guidance, check with your Young Living family to get you started. If you're a savvy FB user, please help your members set up a FB account to get connected!

Team Website

essentials4healthyliving.com

If you received this newsletter, **You are a Member of the Star Team!**

Log on to the Member's Page
Password: Starteam*

This will give you exclusive access to: Rising Star Tips and Tidbits, Newsletters, Handouts, Business Tools, Private Events, Team Building, YL Monthly Promotions, other resource links.

Rising Star Contests:

90 Day Challenge

Nominate a Rising Star
Party On

Share BYC: Team Challenge

Our website is to help our members stay informed. FaceBook has become a widely used tool for communication, but we know not everyone has an account or can make it to an online event.

Contests are ongoing and updated more often on FaceBook....

Please Join our FB Pages!

SPANISH CONNECTION: Vida Saludable Rising Stars

is our Spanish Team page for our Latino YL families in the US, Mexico, Puerto Rico and abroad! Please join us on this page for those that speak only Spanish or are bilingual.
www.facebook.com/groups/yleovidasaludable/

Party with a Purpose ♦ DIY Kits “GO!”

How to Party with a Purpose? Ask Samantha Lopez:

If you're like me and have some ***blue** in you, then you probably like to get together with groups of people... for any reason! Why not include Young Living in that thought process and get more of your social circles into your oily family?

A few places to start:

1. **Your wedding list** – who were the close friends and family you invited and/or attended your wedding?
2. **Your hobbies** – broomball team, quilting group, yoga class, running group, book club, bible study group.
3. **Your daily circles** – stay at home mom friends, home school families, co-workers, or your child's classmates and teachers.

Think about who you see on a daily basis, weekly basis, and then every so often. Everyone knows 100 people you don't, so even if you only see one person, they could be your future host and introduce a small group of their friends to YL.

I've always tried to tie gift giving into my other circles as well: Make 'n Take items as Valentines gifts for my son's classmates or teacher appreciation. YL Christmas gifts for my skating coaches. Make 'n Take play dates for my son's friends and their families to get to know one another better. Sharing with my piano students and families. Having YL door prizes at bridal and baby showers. Easy, right?

Have Young Living on your radar and think how everyone could they benefit from YL. There are ALWAYS ways to build relationships, have fun and help others!

**Blue refers to the social personalities in Big Al assessments.*



A DIY KIT: READY • SET • GO!!!

Inside this box is everything you need for six people. At \$59 that's \$10 a piece to share Young Living quickly and easily.

And we have the perfect books to add to your event so everyone goes home with opportunities to learn more!

See page 7 for pricing and details or go to: discoverlsp.com



Young Living University is now live!

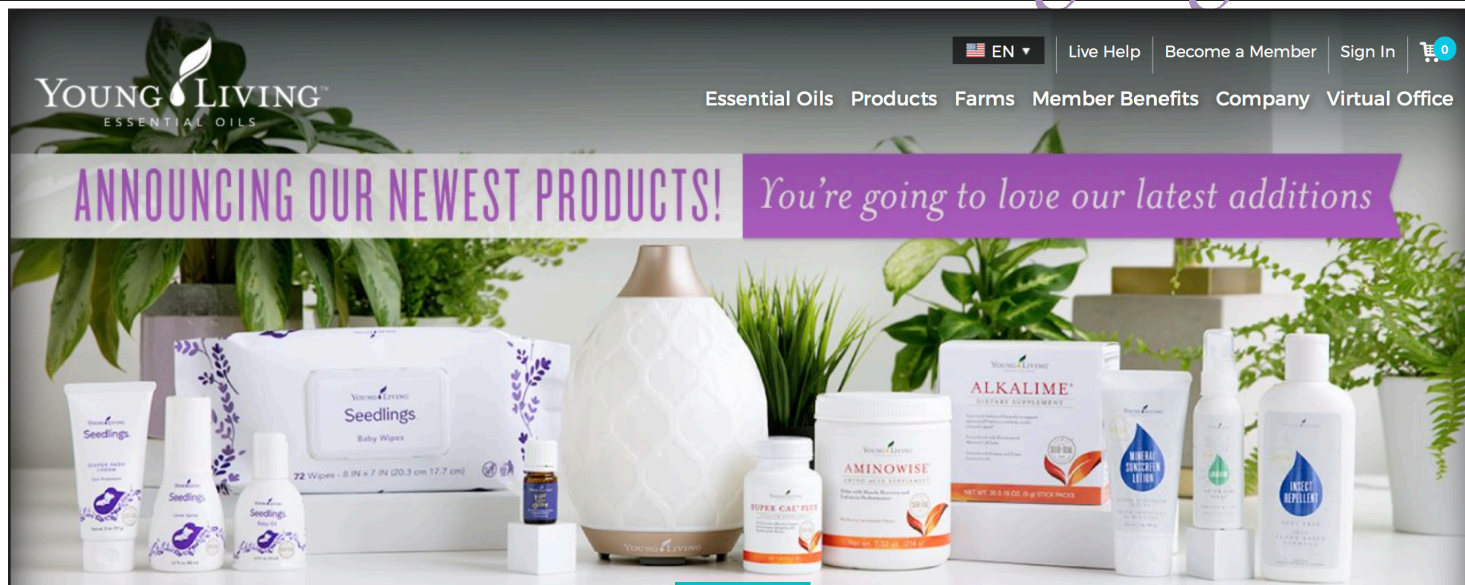


The purpose of YLU is to be a centralized hub for any and all education that will help you be successful in your Young Living journey. The goal is to have accessible education that is easy to find, easy to use, and easy to share!

Young Living has been working hard to make this possible by organizing all of the existing content, as well as creating new content. To learn more about a product or product line, all you have to do is go to YLU in the Virtual Office, click on the product you are interested in, and all the educational materials will be in ONE spot! You will see sharable PowerPoint presentations, videos, podcasts, PIPs, sharable graphics, blog posts and more.

The goal is to continue to update and add new material and education. This is only the first phase of three. YLU will eventually have information for every product!

2017 New Product Highlights



Seedlings Product Line

Diaper Rash Cream
20398 PV: 27.75 WS: \$27.75

Baby Oil
20373 PV: 24.25 WS: \$24.25

Baby Wash & Shampoo
20404 PV: 20.75 WS: \$20.75

Baby Wipes
20428 PV: 11.75 WS: \$11.75

Baby Lotion
20438 PV: 19.75 WS: \$19.75

Linen Spray
20384 -coming soon

Improved Supplements

Alkalime™ Single-serve packs
3055 PV: 29.75 WS: \$29.75

AminoWise™
20083 PV: 33.75 WS: \$33.75

SuperCal Plus™
20240 PV: 26.50 WS: \$26.50

MindWise™
21244 PV: 59.75 WS: \$59.75

Just announced in November:
MindWise reformulation is cutting edge.
They finally got the CoQ10 right! This
product along with OmegaGize will be
worth the change and 'wait' in gold!

Summer Protection

Insect Repellent
20701 PV: 38.75 WS: \$38.75

Lavaderm™ After Sun Spray
20673 PV: 24.75 WS: \$24.75

Sunscreen
20673 PV: 24.75 WS: \$24.75

Winter Protection

Bath Bombs
20701 PV: 38.75 WS: \$38.75

Long, cold nights.... these are the perfect
"at home get away!"

How will you Fulfill Your Destiny? What could help you Fulfill Your Destiny? When will you Fulfill Your Destiny? These questions are open-ended to help you think about "who you are" and "what you want" out of life. There are over 3,000,000 people that use YL essential oils, supplements, Einkorn wheat, bath and body care, skin care and all around family care that may not look like destiny in the making, but it is, and we are a part of it!

Whether you choose to build a Young Living business or not, aligning with the purity and essence of the plant kingdom and a company that never compromises on quality, your journey will be blessed along the way to your Destiny.... whatever your destiny may be!

NEW! FULFILL YOUR DESTINY



- Blend of Tangerine, Frankincense, Nutmeg, Cassia, Cardamom, Clary Sage, Black Pepper, Idaho Blue Spruce & Neroli
- Create an empowering atmosphere
- Encourage feelings of clarity & motivation
- Uplifting, empowering & inspiring

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

Savvy Minerals = Golden Opportunity



Do It Yourself!

Don't wait until "Everything is 100% PERFECT."

There's no such thing. Committing to teach a class or host an event without all the answers, research, knowledge, credentials or poise, is going to take you further than honing your skills until you think you're perfect. Shoot for 80%.... and GO!

Be Authentic!

You use Young Living essential oils and products that fit your life, your way. "Your Why" is your authentic self. There's a niche here for Everyone! Bring your passions and your imperfections.

Young Living is like a huge mentorship program to help you reach your Highest Potential!

Still looking for your "niche" to share Young Living with your girlfriends, family or social circles?

Answer: Savvy Minerals Makeup!

"All the Ladies...." are really excited about this opportunity! You won't have to hesitate to offer the safest, cleanest, most natural makeup line EVER! We struggle with so many challenges these days, but the one thing that will never change.... Girls want to look pretty and Young Living wants to make it perfectly natural!

Most people want to look their best and feel great, whether it starts from the outside-in or the inside-out. Young Living holds the standards we all expect when it comes to our health, happiness and highest potential. Savvy Minerals is the ultimate step for all of us in Young Living to hold the highest standards.

To learn more about the ingredients, application, how to use it, how to host an event, etc. go to: FB: The Savvy Mess _Melissa Poepping

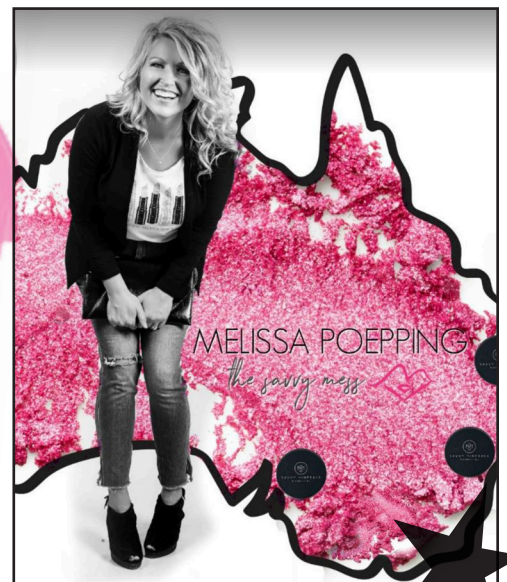
Savvy Minerals **MASCARA**



SAVVY BRUSHES



Congratulations Melissa!
NEW Royal Crown Diamond
We are so happy for you!
You were
the right person,
at the right time,
for DIY Leadership!
the Art of Duplication!
and then....
WOW.....
Savvy Minerals!!!



YL Gift of Gratitude ♦ NOT... 'Just for Men!

The Young Living Foundation (formerly the D. Gary Young Foundation) is committed to improving the world around us. They are devoted to honor the staff, who participate in getting your donations to The People in need with every gesture we make to help others.



100% of every tax-deductible dollar goes directly to projects and partnerships. GIVING is alive and well in our industry and especially in our Young Living family!

Did you know **Scott and Brenda Schuler** (Vital 180 Team) sponsored a bike ride to raise money for the foundation? At their final destination, "Grand Convention," and with 12 riders, they auctioned off 3 motorcycles and cut a check for around \$150,000.00

Our many Diamond Leaders and Rising Stars, Essentials for Life Team (Cherie Ross), Instant Results (Kate Kowalczyk), The Sweet Team (Melissa Poepping) et al continue to contribute to the foundation every year. Their gratitude for the Abundance that Young Living creates in their lives, is a driving force for change in the world! We are surrounded by great leadership: top down and bottom up!

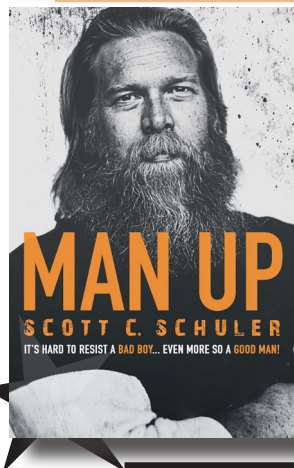
For more information where you'd like your Gift to go to help: Puerto Rico, Ecuador, Nepal, Africa, Uganda....
Go to: younglivingfoundation.org

Thank you Scott and Brenda for honoring Mary Young's quote....



"More money in the hands of good people, will do more good in the world!"

manupproject.com



"It's time for men to Stand Up and stop Stepping Aside!"



3 in 1 Men's Wash
20483 WS: \$32.00

Aftershave Lotion
5710 WS: \$26.00



Bar Soap
5711 WS: \$19.75



Beard Oil 19802
WS: \$32.00



Shaving Cream
5157 WS: \$19.75



Some products may be formulated "JUST FOR MEN," but we know some women who LOVE THESE PRODUCTS, just as much.

The Shutran product line has almost been as explosive as Thieves essential oil. Amazing.... that one oil blend can lead to so many great uses. This blend has:

Idaho Blue Spruce

Hinoki

Coriander

Davana

Cedarwood

Lemon

Northern Lights

Black Spruce

Lavender

Ocotea

Ylang ylang



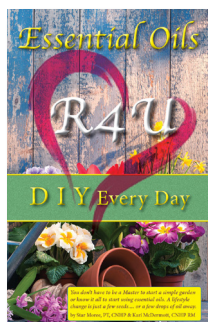
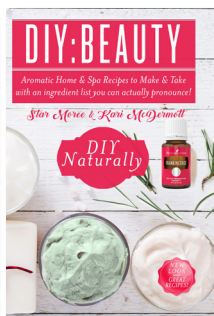
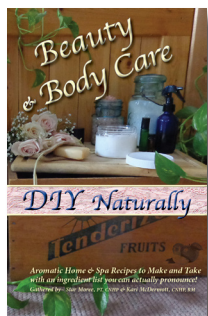
Shutran™ 4835 PV: 75.00 WS: \$75.00

We know the scent of a forest appeals to men, but so does the feminine presence of flowers and the light scent of citrus that helps boost the feelings of masculinity, confidence and balance.

It's was a natural choice for Young Living to continue formulating products that bring together the yin and yang that we all yearn for as partners in life!

Young Living's growth over the last few years has embraced the shift in men's participation in an industry that had more feminine power and female leadership than many other companies. Put on your SHUTRAN and let's work together for a better world!

2018 Write it Down & Make it Happen!

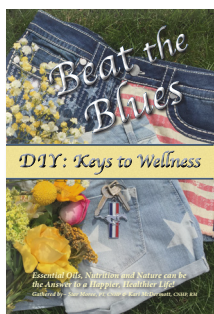


**Any two books:
\$7.00 includes
shipping!**

**All Seven:
\$25 bundle and
FREE SHIPPING**

**Add a Planner +
Log Book =
\$35 and
FREE SHIPPING**

**For details:
Email: kari444mcd@gmail.com**



2018.... "in the WORKS!"

Living the Joy-Full Life Leadership Series! Join Joy Pechia and The Star Team for individual, couples, partners and teams, to create a HAPPY work environment, strong personal relationships and a JOYFUL life.

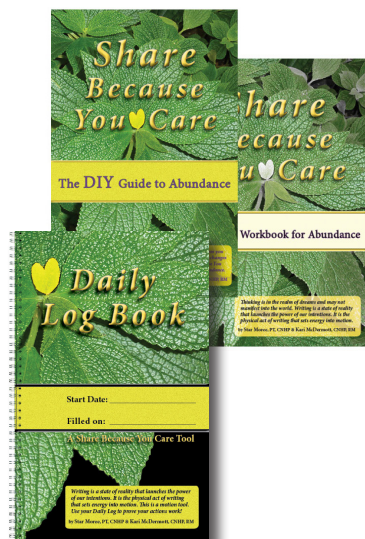
Our 20 Year Anniversary! Essentials for Healthy Living will be celebrating twenty years with Young Living. We'll be celebrating with lots of incentives, reuniting old friends, creating fun get togethers and multiple events.

We don't think of each year as "work." We love providing introductory materials and educational experiences at low cost to help people increase their knowledge about essential oils and natural ways to improve their lives.

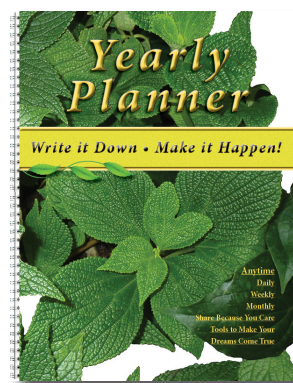
We're building a relationship with Life Science Publishing (LSP) to reach more people with the same great dream: making what we write down.... happen!

- The **DIY: Beauty and Lifestyle** books are a remake of our original **Beauty & Body Care; DIY: Naturally** book that we published twelve years ago!
- The **NEW EOR4U and Heart Scents** books were launched at Convention this summer!
- **Barefoot & Sp-Oiled and Beat the Blues** will be launched at Convention 2018, but we're doing short run printing now for your events and classes.
- **Share Because You Care: Guide/Workbook** will be combined as a spiral notebook you can "write it down" and make leadership happen!

Life is a Journey! Dream Big, Write it Down, Make it Happen!



2018 Reformatting the Guide and Workbook into one tool. Planners and Log Books available now "at cost!"

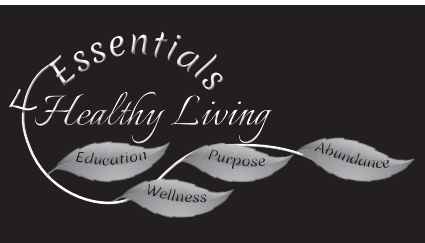


Vendors:

We've been working with Life Science Publishing on more collaborative publishing. You will soon find all our books at: discoverlsp.com

Watch for Holiday Specials and Convention Deals this summer June 13-16 Salt Lake City!

Also check: crowndiamondtools.com
essentialproductinfo.com
abundanthealth4u.com



Star Moree #117894
620 Mendelssohn Ave N #158
Golden Valley, MN 55427
ph: 612-353-6728
email: efhl.team@gmail.com
www.essentials4healthyliving.com
FB/essentials4healthyliving
Check out our FB Groups & Events

Joyful Blessings
Star Team Tools
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DIY Kits for Six
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Write it Down



2017 Year in Review



**We wish you Wellness,
Purpose & Abundance!**

Don't forget that Young Living's mission provides ongoing product training, state of the art science and research, local and world-wide events and stewardship for the future.

Monthly promotions are on
FB and at youngliving.com

Exciting times this past year! January/February: Leadership Training in Puerto Rico with Joy Pecchia; March/April: Leadership Workshops and Conference Calls with Joy Pecchia; June: Young Living Convention hosts over 30,000; Savvy Mineral Makeup Release!; July: Puerto Rico Office Opens!, DIY Kits; August: Leadership Training attendance explodes; September: Star and Kari open new offices; October: The Mascara!; November: Holiday Makeup Set and splendid Gift Ideas. And the usual Great Promos for the Holiday Season.... December WOW....

Dec. Promo = \$232.57 Value!

300 PV spent on ER orders:

15 ml Sacred Frankincense; Life 9;

5 ml Northern Lights Black Spruce

ER bonus: 15ml Lemon; 5ml Nutmeg

